



FAMILY RESOURCE PROGRAM CERTIFICATE

The Justice Institute of British Columbia's **Centre for Counselling & Community Safety**, in partnership with the **BC Association of Family Resource Programs**, is pleased to offer the **Family Resource Program (FRP) Certificate**.



Certificate Overview

The Family Resource Program Certificate is competency-based training for workers who support and assist parents of young children in dealing with a wide range of challenges including child development, economic stress, adaptation to a new country and culture, separation and divorce, family violence, or mental health issues. Certificate students will complete a unique offering of courses that will increase their ability to address family functioning and assist parents/caregivers with their children's social, cognitive, emotional and physical development. The curriculum includes eight courses of core training incorporating both cognitive and experiential learning. To receive the certificate, all eight courses must be completed satisfactorily. Successful completion of all assignments and full attendance is required to receive the certificate.

Who Should Attend

The Family Resource Program Certificate is for family support practitioners, particularly those in prevention focused parent/child engagement programs, including:

- Practitioners currently working in Family Resource Programs
- Individuals seeking careers in Family Resource Programs and related fields such as early learning centres
- Practitioners working in other fields who want to expand their knowledge in the areas of prevention focused family support

How to Apply

Obtain an application form by downloading it from www.jibc.ca/cccs or call us at 604.528.5628.

Submit your completed application to:

Laura Glover, Program Coordinator
Centre for Counselling & Community Safety
715 McBride Boulevard
New Westminster BC, V3L 5T4

email: counselling@jibc.ca
phone: 604.528.5628
fax: 604.528.5640

- Include your resume and letter of support from employer or immediate supervisor with your application.
- Applicants should have recent experience working with children 0-6 and their families.
- Successful applicants may be eligible for tuition waiver or partial subsidy.
- Successful applicants will be required to pay for their own travel, accommodation and meals throughout the training period.

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How to Complete the Certificate

- Attend all eight courses within the assigned timeline. (See full course descriptions below.)
- Successfully complete all assigned readings, learning journals, group projects and written assignments.

Course Descriptions

All courses will be held at the Justice Institute of British Columbia's New Westminster Campus, and will run from 9:00 am to 4:30 pm.

Roots and Principles of Family Resource Programs in Canada (FMRS101)

This course covers the fundamental characteristics of Family Resource Programs and the social movements, values and practices that have influenced the development of programs in Canada. It covers the key principles used Canada-wide and the niche and core service areas of parent/child engagement programs. Students will discuss the six valued practices of family resource programming.

Family Resource Program Approach to Practice (FMRS102)

This course examines the key FRP approaches to practice while exploring how personal values, beliefs and biases affect work with families. Students will examine the links between ECD research and the intended FRP outcomes for children, parents and communities. The importance of Reflective Practice and how it can be applied to their work will be examined. The legal and ethical responsibilities in the areas of confidentiality, privacy and responding to child protection concerns are also discussed.

Child Development (FMRS103)

Students will learn how their work can promote positive childhood outcomes by examining the neuroscience of early brain development and the impact of the environment on healthy child development. This course covers the typical developmental stages of children between 0-6 years while analyzing strategies to facilitate mastery of key developmental tasks. Students will discuss the physical, emotional, psychological and behavioural indicators of serious issues and identify specific strategies to support parents in addressing these issues.

The Skilled Practitioner: Communicating Effectively (FMRS104)

This course examines the core communication skills: active listening, communicating empathy, effective use of questions and clear messaging. Students will learn how to apply communication skills to situations with families in their day to day practice with particular attention to basic conflict resolution skills. They will learn how to differentiate between "rescuing" behaviours and providing strength-based support.

Understanding Family Diversity (FMRS105)

This course identifies the social, economic, cultural and structural diversity of families while describing the specific approaches, strategies and programs to facilitate inclusion. Students will increase their understanding of the impact of immigration, and adaptation to a new culture on family life and parenting. They will learn about the impact of discrimination and how to apply this understanding to their work with Aboriginal children and families. This course examines the family life cycle, stages of parenting and the impact of poverty, low literacy, trauma, physical / mental disabilities and family violence on the child's mastery of developmental tasks and family functioning.

Working with Vulnerable Families (FMRS106)

This course will cover the attitudes and values required to work effectively with vulnerable families and the skills needed to support these families. Students will examine parenting styles and their impact on disciplinary practices. They will learn the difference between effective forms of discipline & inappropriate punishment and their role in modeling appropriate discipline strategies. This course examines the various forms of abuse as well as signs and indicators. Students will discuss the practitioner's responsibility and the importance of accessing resources to ensure children are safe from abuse and neglect.

Supporting Families of Children with Special Needs (FMRS107)

This course examines the scope of children with special needs that are likely to attend FRP programs. Students will learn specific approaches that promote engagement and inclusion of children with various special needs. Examination of the research will provide an understanding for how practitioners can support parents in addressing challenges arising from their child's needs, and they will have an opportunity to design space that facilitates involvement and inclusion.

Program Planning and Evaluation (FMRS108)

This course examines the use of logic models to design effective programs. Students will learn the importance of connections and partnerships among service providers in program planning and evaluation. The purpose, methods and differences of monitoring and evaluation will be covered. Students will discuss the significance of Policies and Procedures based on Program Standards to ensure accountability, appropriate risk management and effective performance. On day 2 students will demonstrate mastery of knowledge and skills learned in the certificate through case study presentations.

For course dates and more information, visit www.jibc.ca/cccs

For more information, contact:

Centre for Counselling & Community Safety
Laura Glover, Program Coordinator
604.528.5628 or counselling@jibc.ca

OR

BC Association of Family Resource Programs
#203 - 2590 Granville Street
Vancouver, BC V6H 3H1
604.738.0068 or info@frpbc.ca

