

2015-2016 Annual Report



FRP-BC Mission Statement

The mission of the BC Association of Family Resource Programs is to promote, strengthen and expand the BC family resource movement. The family resource movement seeks to strengthen and empower families, neighbourhoods and communities so that they can foster optimal development of children within the context of the family.



Family Resource Program Principles

- Promote consistent positive parenting practices and healthy, secure parent-child relationships
- Grounded in strength-based practices
- Promote developmentally appropriate play-based learning
- Open to all families and welcomes diversity
- Strengthen the ability of families to raise healthy children by working in partnership with families and communities
- Committed to reflective best practices

FRP-BC: Who are we and what do we do

FRP-BC creates healthy communities by supporting families. We do this by advocating, supporting, training, creating and distributing resources and information to family resource programs (FRPs) across the Province.

Our reach is huge—in a recent survey, we found that our 145 members and their over 200 family resource programs received an estimated 1 million visits from adults and children across the province last year. These visits came from over 80,000 unique adults and children. These figures demonstrate that community-based family resource programs are successfully providing support to adults and children across the Province who need it. FRP-BC contributes to the success of these programs and the well-being of BC families.

FRP-BC is dedicated to

- Strengthening the capacity of family resource programs and communities to respond to the needs of families and children
- Administering the accreditation tool Provincial FRP Standards of Practice, so family resource programs can demonstrate quality practices
- Member services with links to resources, programs, website and social media
- Providing family support research, resources and statistics across the Province
- Developing stakeholder partnerships and advocate for all families and FRPs
- Providing education through webinars and training
- Assisting with the development of new FRPs
- Supporting FRPs with program promotion
- Partnering around Regional events
- Facilitating program evaluation

Dear Friends,

We are happy to present our 2015-2016 Annual Report. We hope you are pleased with what we achieved on behalf of family support programs across British Columbia.

Knowing where you've come from helps you figure out where you need to go. The BC Association of Family Resource Programs began in Vancouver, sharing space with Westside Family Place. That was 26 years ago. It's been a long journey and since then we strive to continue to provide a quality service to FRP's and families across the province. Highlights from this past year include:

- Our Research Director compiled "Telling the Story of Family Resource Programs in BC" research study to find out who FRPs are today. Stay tuned as we launch the final report.
- FRP-BC is strategically cultivating the diversity and experience on our board from across BC, complemented with changes in our office staffing.
- FRP-BC has strategically become members of the Greater Vancouver Board of Trade to increase stakeholders and share evidence from the family support field with local businesses.
- New this year is an easy to submit electronic version of the Provincial FRP Standards of Practice. This important service for program members is an accreditation process for family support programs to demonstrate their quality practices.
- This summer, our Research Director took the lead with a convenient FRP postcard referral project with Fraser Health. The goal is to support Public Health Nurses and increase health outcomes for the families they see.
- This fall, we are fortunate to welcome a student from UBC's First Nations and Indigenous Studies program. The research project is to develop a statement of reconciliation for FRP-BC.
- We are most pleased with our new relationship with Raven Institute: Teara Fraser and Chastity Davis. Teara has presented our training today and Chastity is developing an Indigenous cultural training for family support practitioners to learn how to best support Indigenous families.
- We are happy to welcome registered Psychologist Dr. Vanessa Lapointe's positive wisdom as the FRP-BC parent champion! All parents need support at one time or another and family resource programs know how to provide this support and hope.
- FRP-BC continues to offer year-round support to and advocacy for programs and practitioners that welcome parents to bring their pregnant tummies, their babies and their preschoolers to meet together over a cup of coffee, enjoy a fun activity, learn about parenting, practice how to be a family together and how to contribute to their community.

One of the strengths of the community-based Family Support approach is how programs and practitioners can respond to families in real time. The work that

happens in FRPs results in human rights, human dignity and health for all, regardless of age, ethnicity, gender, sexual orientation, education or economics. This work within the FRP program does not stand alone. The work is all of us together, all of us in relationship and all of us listening to each other's stories.

As BC's only community-based parent and family support network, FRP-BC could not accomplish what we do every day without the strong leadership of our Board, dedicated staff, generous donors and loyal volunteers. With support from friends like you, we can ensure that families that need our support are cared for. FRP-BC shows their gratitude to those who uphold the family support field by including them as a "Friend of the Family".

FRP-BC shines a beacon of hope to programs and to families and is led by professional staff who are committed to family support programs and practitioners. Next year FRP-BC will celebrate 27 years of providing hope, care and compassion to thousands of families in BC and this is thanks to many years of generous support. On behalf of the many communities, programs, practitioners, parents, caregivers and children we have strengthened over the years, thank you for your continued support of FRP-BC! We wholeheartedly choose to walk further along the path with families, learning how to move forward with reconciliation and health for everyone.

Sincerely,

Marian Ells
Board of Directors Chair

Sherry Sinclair
Executive Director